



**Trivandrum Institute of Palliative Sciences**

**Pallium India**

**Presents**

**Global Fellowship in Palliative Medicine**

(Curriculum for GFPM is developed in collaboration with Faculty from the Queen's University Global Oncology Program at Queens University in Kingston, Ontario, Canada, However, please note that this course is not an accredited Queen's University Fellowship Program)

**Dates to remember:**

<b>Application release</b>	<b>08 August 2024</b>
<b>Deadline for Application</b>	<b>19 October 2024</b>
<b>Selection list publication</b>	<b>30 November 2024</b>
<b>Course start date</b>	<b>02 January 2025</b>

...As a pediatrician working in tertiary care center in public sector caring for sick kids, joining the GFPM course at Pallium has been a beginning of immensely rewarding journey for my career and transforming my personal outlook. Comprehensive and updated curriculum, along with interactive sessions led by world class experts, has significantly enhanced my clinical skills and knowledge in managing and alleviating symptom burden among children with palliative care needs. The course's blend of theoretical learning and practical, case-based training has deepened my understanding of palliative care, allowing me to provide better support and comfort to my young patients and their families. The global exposure and connection with peers from various countries have broadened my perspective of compassionate care. As I approach the completion of this course, I feel empowered and more confident in my ability to advocate for and implement high-quality palliative care, ensuring that children in my care receive the best possible support during their most vulnerable times. I highly recommend the GFPM course at TIPS to any medical professional ardent about making a meaningful impact in the field of palliative care...



Dr Veena Anand, Associate Professor, Department of Pediatrics,  
SAT Govt Medical college, Trivandrum. Kerala

...As a family physician practicing in Mumbai for the past 12 years, I have always been committed to providing comprehensive care to my patients. My journey into palliative care began during the COVID-19 pandemic when I had the opportunity to complete a foundation course in palliative care. This was a deeply personal endeavor for me, as I had lost my mother to hepatocellular carcinoma (HCC), which fueled my desire to integrate palliative care into my practice. When the chance to participate in a global fellowship in palliative care arose, I eagerly enrolled and was fortunate to be selected. The experience was transformative. The training was exceptional, characterized by an atmosphere of compassion and empathy. The home care visits were especially impactful, meticulously organized, and overwhelmingly supportive. The knowledge and skills I gained from this fellowship have profoundly influenced both my professional practice and personal life. I can see the difference in my practice now; I have become more humane to my patients instead of working like a robot. The lessons in empathy, careful planning, and patient-centered care will remain invaluable as I continue to serve my community...



Dr Sheela Rathod, Family physician, Mumbai

...The global fellowship program in palliative Medicine is an interesting and captivating course especially for young palliative care physicians. The course takes you through various modules that cover critical areas in palliative Medicine. I enjoy the online sessions and always look forward to the next. The presenters are highly experienced palliative care providers who share their experiences in a rather practical approach. The sessions are also timely and flexible to attend. There is tremendous support for learning from faculty and colleagues through various platforms. I would highly recommend this course to junior doctors who are passionate about palliative care and need a global perspective to broaden their knowledge...

Dr Turyahikayo Jack Rubahimbya, Faculty/ Tutor in palliative care division,  
Department of internal medicine, Makerere College of Health Sciences.  
Board member for Palliative Care Research Consortium



... I was looking forward for a structured course for palliative care which will not only be informative, useful but also has a practical approach towards patient. Being a practitioner, I wanted an online course so that I can do the course within my existing schedule. The fellowship for palliative care at pallium India has all the above criteria, it is indeed a pleasure to be a part of this programme. I finished the basic foundation course and master classes are very well organised, the faculties are handpicked by the organising team. We were fortunate to have great speakers from USA, UK and Canada. The research modules was an excellent section of the curriculum. During my course in the medical college, I never knew how to formulate a research question and how to go forward with the research. How to search for relevant research papers was also part of the curriculum. The organising team has been very professional with prompt communications with mails and WhatsApp chats. All in all an excellent programme and highly recommended...



Dr Prasanna Menon, Proprietor cum consultant  
Dr Menon's Palliative care centre, Maharashtra

...I'm an anesthesia doctor with over a decade of experience, specializing in pain management and palliative care. Pursuing the GFPM course at TIPS (Trivandrum Institute of Palliative Sciences) was transformative. With a diverse background in corporate, freelancing, and medical college settings, I chose TIPS due to its updated curriculum and dedicated team.

For medical professionals keen on palliative care, especially staying connected in a community of like-minded doctors, TIPS' GFPM course is ideal. My clinical skills dramatically improved, empowering me to address pain and symptom burdens. India's growing palliative medicine field offers ample opportunities for aspirants.

Choosing the GFPM course at TIPS was life-altering. I'm grateful for the knowledge gained and connections formed. TIPS' excellence in palliative care education is evident, making it a top choice for those aspiring to make a difference...

Dr Punithavathy Dhanasekharan, Asst Professor, Anesthesiology, Kovai Medical Center and Hospital Ltd. Coimbatore, TN  
Fellow, Global Fellowship Program in Palliative Medicine



...The fellowship program's comprehensive curriculum beautifully blends theory with case-based learning. Under the guidance of esteemed palliative care experts, the program creates a supportive environment that encourages critical thinking, collaborative problem-solving, and empathy. The well-structured modules cover diverse topics, such as managing any health-related suffering, pain management, end-of-life care, communication skills, and cultural sensitivity, thereby helping us understand the challenges faced by patients and families everywhere.

This ongoing experience is genuinely transforming my professional and personal life, equipping me with the skills and compassion to make a meaningful impact in palliative care. One of the highlights of this fellowship program has been connecting with peers from different countries. This global exposure has broadened my perspective and emphasised the importance of adaptability and open-mindedness in providing excellent care.

As I near the completion of the Program, I am empowered to advocate for compassionate care, ensuring that patients receive the best support and comfort during their most vulnerable times. This program has given me the confidence to make a meaningful impact in palliative care and has reinforced my commitment to health equity. It has honed my skills, deepened my understanding, and enriched my perspective on palliative care. I strongly recommend this program to those passionate about making a difference...

Dr Parul Raina, Assistant professor, Dept of Anesthesia, Sharda Hospital, UP  
Fellow, Global Fellowship Program in Palliative Medi



The structure of GFPM is excellent, very approachable and helpful faculty. Hands on training at pallium India is an eye opener and a wonderful experience with lifetime of memories. Fellowship has definitely enhanced my knowledge about palliative care. GFPM has been the best decision I made in 2023

Dr Bindu Kesarmal, Registrar in Stroke medicine department, Russell's Hall Hospital, England, UK  
Fellow, Global Fellowship Program in Palliative Medicine



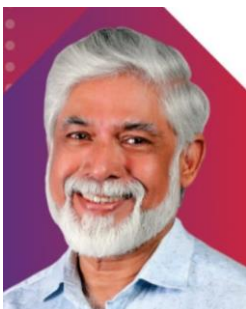
.....I completed a course in palliative care, but I was still hungry for more knowledge about Palliative Medicine and hence decided to join the Global Fellowship at Pallium India. ....

I was elated when I was selected for the Global Fellowship course which started in 2022.....  
.....A few had even commented that they started enjoying it so much that they wanted whole set of modules to be made available to us with no time limit

.....But what I enjoyed most was the homecare visits to different parts of the city and the surrounding rural areas where we visited the patients in their home setting getting to know first-hand not only about their physical ailments but also their psychosocial surroundings and the real plight and problems they face in their daily life adding the burden of suffering on top of their physical ailments.

.....If you are a doctor passionate about pursuing palliative care as a stand-alone specialty or even as a part of your chosen specialty, then the Global Fellowship would be of immense value in knowing about this subject which even after so much of development, is still at its nascent stage and there is a lot to be learned in this field of medicine.

Dr Biju Gopi, Consultant Palliative Physician, Medical Trust Hospital, Ernakulam, Kerala  
Fellow, Global Fellowship Program in Palliative Medicine



# Global Fellowship in Palliative Medicine

## Why a global fellowship?

The Global Fellowship in Palliative Medicine organized by Pallium India, Trivandrum Institute of Palliative Sciences (TIPS), is aimed at creating a pool of physicians who can provide advanced palliative care to people with serious health-related suffering and their families. World Health Organization (WHO), in its fact sheet of 2020, mentions that the training for healthcare professionals in palliative care is often limited or non-existent. The situation in Low and Middle Income Countries (LMICs) is often worse. The short courses available in palliative care may not equip them to deal with complex needs of the patients and families. Many physicians who want to pursue a long-term course in Palliative Care are unable to do so primarily due to the unavailability of such courses. Even when courses are available, taking leave from their current work can significantly impact them. However, they can participate in online courses. One shortcoming of online courses is the lack of clinical attachment, where theory is put into practice. To address this, we have designed a hybrid course with most of the theoretical components delivered online and one month of hands-on training. This course is offered at an affordable cost.

It is now globally accepted that palliative care addresses serious health-related suffering. Universal Health Coverage (UHC) requires, in addition to preventive, promotive, curative, and rehabilitative measures, the inclusion of palliative care. The World Health Assembly resolution 67 of 2014 calls for integration of palliative care into all healthcare at all levels (primary, secondary, and tertiary) across the continuum of care (from the beginning of the suffering to the end).

All the guidelines and declarations in effect, seem to be mostly confined to high income countries. Low and middle income countries (LMICs) which house 84% global population have negligible access to palliative care. The elements of suffering in LMICs would be significantly different from those in higher income countries. The proposed solutions must also consider the cultural and economic realities of LMICs.

How can we change this dismal scenario?

As recommended by the World Health Organization, this demands concurrent action on 3 measures:

1. Policy and implementation
2. Access to essential medicines, (particularly opioids) and
3. Education.

Without professional education any policy or legislative change will be ineffective. This is the context in which we are initiating a global fellowship in palliative medicine—to build a network of empowered health care professionals who can address problems and solutions through the lens of low- and middle-income countries (LMICs).

We aim to achieve the following objectives:

1. To provide an overview of the practice of palliative care globally with special focus on LMICs.
2. To facilitate research and quality improvement programs in palliative care
3. To impart attitude, knowledge and skills for practicing palliative care in both cancer and non-cancer illness.
4. To ensure an understanding of the ground realities and elements of suffering experienced by individuals with serious health-related illness as well as potential solutions involving community participation.

## WHO CAN APPLY?

Any doctor with an MBBS or BDS degree and corresponding medical or dental council registration is eligible to apply for this course. Doctors with disabilities are encouraged to apply. We reserve one seat and will provide reasonable accommodations to participate meaningfully in the program.

(In accordance with the rules of the Dental Council of India (DCI), the holder of a BDS degree will be eligible to practice palliative care in conditions associated with the oral and maxillofacial area. Under the NDPS rules of 2015, BDS with training in pain management is adequate qualification to be in-charge of a Recognized Medical Institution (RMI) to stock and dispense Essential Narcotic Drugs (END) including morphine, methadone and fentanyl).

## COURSE FEES:

The course fee is **INR.40, 000/-**. The fee should be paid in full on intimation of acceptance for fellowship. Admission to the course will be confirmed only on payment of the fee. For Overseas participants the fee is **USD 1000** (40% scholarship for participants from LMICs, upon selection)

Payment Link: <https://palliumindia.mojo.page/gfpm>

Pallium India

## HOW TO APPLY:

The application link will be available on Pallium India's website (<http://palliumindia.org/>).

You can also apply by clicking on the link below:

<https://forms.gle/m3vzMskjvyb1tSDD7>

The last date to apply for the course is **19th October, 2024**. Completed application forms must be submitted at the end, and a screenshot kept for future reference. **Applications received after 5 PM IST on 19th October 2024 will NOT be considered.** Seats are limited.

## SELECTION PROCESS:

Applications will be reviewed by the external core selection committee and eligible candidates will be notified via email on or before **30<sup>th</sup> November 2024**. Upon receiving this email, the candidate should pay the fee to secure a seat for the Fellowship program. If the fee is not paid within a week, the offer will automatically stand cancelled, and the seat will be allotted to the next eligible candidate.

## DETAILS OF FELLOWSHIP COURSE:

The Global Fellowship in Palliative Medicine is a one-year hybrid course which will be conducted mostly online. There will be 30 days of hands-on training, of which 21 days should be completed in Trivandrum Institute of Palliative Sciences and 9 days at another center approved by Pallium India. It is acceptable to complete all 30 days at the Trivandrum Institute of Palliative Sciences.

Upon successful completion of the Fellowship program, each candidate will receive 4 certificates:

- 1) Foundation course in Palliative Medicine (FCPM)
- 2) Master course in Palliative Medicine (MCPM)
- 3) Advanced course in Palliative Medicine (ACPM)
- 4) Global Fellowship in Palliative Medicine (GFPM)

Name of the course	Start Day	End Day	Topics covered*	Delivery	Comments	Attendance	Pass score
Foundation Course in Palliative Medicine (FCPM)	1 <sup>st</sup> day 02 <sup>nd</sup> Jan	60 <sup>th</sup> day 01 <sup>st</sup> March	20 sessions on basics of Palliative care	Online	1 ½ hours: 1 hour theory +30 mts case presentation	80%	5 assignments MCQ's – 80 % each
Masterclass in Palliative Medicine (MCPM)	76 <sup>th</sup> Day 17 <sup>th</sup> March	211 <sup>th</sup> Day 30 <sup>th</sup> July	Specialized topics	Online	7.00 PM to 8.30 PM IST (Timings and duration might change)	100 %	10 Assignments (MCQs) – 80% each
Self-directed online Advanced course in Palliative Medicine (ACPM)	121 <sup>th</sup> day 01 <sup>st</sup> May	240 <sup>th</sup> day 28 <sup>th</sup> August	33 modules in palliative care	Online	As per the convenience of the participant	33 modules	32 assignments MCQs - 80% each
30 days of Hands-on training (HoT) ➤ 21 days at TIPS ➤ 09 days at other institution	90 <sup>th</sup> Day 01 <sup>st</sup> April	272 <sup>th</sup> Day 29 <sup>th</sup> September	Hands on Training	Onsite	Postings in OP/IP/Home care and other support services	100%	
ToT(Training of the Trainer)	NA	NA	NA	Onsite	02 days workshop along with exam	100%	NA
Global Fellowship in Palliative Medicine (GFPM)	1 <sup>st</sup> Day 02 <sup>nd</sup> Jan	360 <sup>th</sup> day 26 <sup>th</sup> December	FCPM+ MCPM+ ACPM+ HoT	Hybrid	One year		See evaluation below

## Global Fellowship in Palliative Medicine - Evaluation

<b>SL No</b>	<b>Topics</b>	<b>Numbers</b>	<b>Marks</b>	<b>Methods</b>	<b>Attendance</b>	<b>Pass Score</b>
1	Case presentation	01 (online)	50	Online	100%	60%
2	Research topic presentation	01	50	Online	100%	50%
3	Written Examination	02(01 cancer + 01 non-cancer)	200	Onsite	100%	60%
4	OSCE	01	50	Onsite	100%	60%
5	Viva	01	50	Onsite	100%	60%
6	Marks obtained in Assignments	01	100	Onsite	100%	80%
	<b>Total Marks</b>		<b>500</b>			

### ASSESSMENT METHOD

- In each of the above items, the candidate must achieve a minimum score to pass. Candidates are permitted to attempt the multiple-choice questions (MCQs) multiple times. If a candidate is unable to pass items 2, 3, 4, and 5 listed under global fellowship evaluation, they will be given another opportunity with the next batch. A maximum of three attempts will be allowed
- All the assignments must be completed by the deadline. If a candidate is unable to meet the deadline, they should inform the coordinator with a reasonable justification for the delay, using the specified format provided by the coordinator. The coordinator will then take the necessary steps and inform the candidate of any required actions.

**The institution reserves the right to change the method of course delivery, evaluation methods and criteria, and the starting and ending dates of each course. Candidates will be notified of any such changes.**

### ABOUT THE INSTITUTION

**Trivandrum Institute of Palliative Sciences (TIPS)** is a World Health Organization Collaborating Centre (WHOCC) for Training and Policy on Access to Pain Relief.

TIPS has been training health care professionals, volunteers and beneficiaries in palliative care since 2007. We provide both onsite and online training programs.

The following are the available courses as on date:



### Online Courses

- Faculty Development Program
- Integrated Basic and Advanced Course in Palliative Medicine
- Web-based Pain Management Education Program for Oncologists
- Refresher Course in Palliative Medicine
- Essentials of Palliative Medicine for Pulmonologists
- Foundation Course in Palliative Nursing
- Essentials of Palliative Care for Physiotherapists
- Foundation Course in Palliative Care
- Volunteer Training Program
- *Aarohan*: Giving voice to lived experiences

### Onsite Courses

- Six Weeks Certificate Course in Pain & Palliative Medicine (CCPPM)
- Six weeks certificate Course in Palliative Nursing (CCPN)
- Ten Days Foundation Course in Pain & Palliative Medicine (FCPPM)
- Ten Days Foundation Course in Palliative Nursing (FCPN)
- Volunteers Training Program (VTP)
- Training the Trainer programs

Information about these courses can be found here: <https://palliumindia.org/training>

## List of Center's for 10 days Clinical Posting

SI No	Name of the Institute	Region	City/District	State
1	TRIHMS	East	Naharlagun	Arunachal Pradesh
2	Cachar Cancer Institute	East	Silchar	Assam
3	State Cancer Institute	East	Guwahati	Assam
4	Dr.B.Borooh Cancer Institute	East	Guwahati	Assam
5	Baptist Christian Hospital	East	Tezpur	Assam
6	Pratishruti Cancer and Palliative Trust	East	Dibrugarh	Assam
7	Shija Academy of Health Sciences	East	Imphal	Manipur
8	Synod Hospital	East	Aizawl	Mizoram
9	Eden Medical Centre	East	Dimapur	Nagaland
10	Christian Institute of Health Sciences & Research	East	Dimapur	Nagaland
11	Namchi District Hospital	East	Namchi	Sikkim
12	Ruma Abedona Hospice	East	Hooghly	West Bengal
13	Chittaranjan National Cancer Centre	East	Kolkata	West Bengal
14	Tata Medical Centre	East	Kolkata	West Bengal
15	Eastern India Palliative Care	East	Kolkata	West Bengal
16	Sangwari	Central	Ambikapur	Chhattisgarh
17	DILASA	Central	Goa	Goa
18	Gujrat Cancer Research Institute	Central	Ahmedabad	Gujarat
19	Community Oncology Center, Gujarat Cancer Society	Central	Ahmedabad	Gujarat
20	Snehanchal	Central	Nagpur	Maharashtra
21	CIPLA Foundation, Pune	Central	Pune	Maharashtra
22	Sri Aurobindo Institute of Medical Sciences, Indore	Central	Indore	MP
23	Bagchi-Karunashraya	Central	Bhubaneswar	Odisha
24	AIIMS Patna	North	Patna	Bihar
25	Indira Gandhi Institute of Medical Sciences	North	Sheikhpura	Bihar
26	Mahavir Cancer Sanshthan	North	Patna	Bihar
27	Chandigarh Palliative Care Service Chandigarh Hospice,	North	Chandigarh	Chandigarh
28	Indira Gandhi Medical College,	North	Shimla	Himachal Pradesh
29	Hakim Sanaullah Cancer Centre	North	Kashmir	J&K
30	District hospital Pulwama	North	Pulwama	J&K
31	SKIMS Srinagar	North	Srinagar	J&K
32	KOSHISH, Bokaro	North	Bokaro	Jharkhand
33	CanSupport	North	New Delhi	New Delhi

34	Dayanand Medical College & Hospital	North	Ludhiana	Punjab
35	CMC Ludhiana	North	Ludhiana	Punjab
36	Bilga General Hospital, Bilga	North	Jalandhar	Punjab
37	BMCRC & Hospital	North	Jaipur	Rajasthan
38	SGPGIMS	North	Lucknow	UP
39	King George Medical University	North	Lucknow	UP
40	Ganga Prem Hospice	North	Dehradun	Uttarakhand
41	AIIMS Rishikesh	North	Rishikesh	Uttarakhand
42	CRI-SRH University	North	Dehradun	Uttarakhand
43	Sneha Sandhya Age Care Foundation	South	Visakhapatnam	Andhra Pradesh
44	Swami Vivekananda Youth Movement Palliative Care Centre	South	Mysore	Karnataka
45	Karunashraya	South	Bangalore	Karnataka
46	Bangalore Baptist Hospital	South	Bangalore	Karnataka
47	Institute of Palliative Care	South	Thrissur	Kerala
48	Thanal Charitable Trust	South	Kavaratti	Lakshadweep
49	SMVMC Puducherry	South	Puducherry	Puducherry
50	Lakshmi Pain & palliative care centre	South	Chennai	Tamil Nadu
51	CMC Vellore	South	Vellore	Tamil Nadu
52	Sparsh Hospice	South	Hyderabad	Telangana
53	Pain Relief & palliative care Society	South	Hyderabad	Telangana

For more details, please contact:  
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