

...I'm an anesthesia doctor with over a decade of experience, specializing in pain management and palliative care. Pursuing the GFPM course at TIPS (Trivandrum Institute of Palliative Sciences) was transformative. With a diverse background in corporate, freelancing, and medical college settings, I chose TIPS due to its updated curriculum and dedicated team.

For medical professionals keen on palliative care, especially staying connected in a community of like-minded doctors, TIPS' GFPM course is ideal. My clinical skills dramatically improved, empowering me to address pain and symptom burdens. India's growing palliative medicine field offers ample opportunities for aspirants.

Choosing the GFPM course at TIPS was life-altering. I'm grateful for the knowledge gained and connections formed. TIPS' excellence in palliative care education is evident, making it a top choice for those aspiring to make a difference...

Dr Punithavathy Dhanasekharan, Asst Professor, Anesthesiology, Kovai Medical Center and Hospital Ltd. Coimbatore, TN
Fellow, Global Fellowship Program in Palliative Medicine



...The fellowship program's comprehensive curriculum beautifully blends theory with case-based learning. Under the guidance of esteemed palliative care experts, the program creates a supportive environment that encourages critical thinking, collaborative problem-solving, and empathy. The well-structured modules cover diverse topics, such as managing any health-related suffering, pain management, end-of-life care, communication skills, and cultural sensitivity, thereby helping us understand the challenges faced by patients and families everywhere.

This ongoing experience is genuinely transforming my professional and personal life, equipping me with the skills and compassion to make a meaningful impact in palliative care. One of the highlights of this fellowship program has been connecting with peers from different countries. This global exposure has broadened my perspective and emphasised the importance of adaptability and open-mindedness in providing excellent care.

As I near the completion of the Program, I am empowered to advocate for compassionate care, ensuring that patients receive the best support and comfort during their most vulnerable times. This program has given me the confidence to make a meaningful impact in palliative care and has reinforced my commitment to health equity. It has honed my skills, deepened my understanding, and enriched my perspective on palliative care. I strongly recommend this program to those passionate about making a difference...

Dr Parul Raina, Assistant professor, Dept of Anesthesia, Sharda Hospital, UP
Fellow, Global Fellowship Program in Palliative Medicine



The structure of GFPM is excellent, very approachable and helpful faculty. Hands on training at pallium India is an eye opener and a wonderful experience with lifetime of memories. Fellowship has definitely enhanced my knowledge about palliative care. GFPM has been the best decision I made in 2023

Dr Bindu Kesarmal, Registrar in Stroke medicine department, Russell's Hall Hospital, England, UK
Fellow, Global Fellowship Program in Palliative Medicine



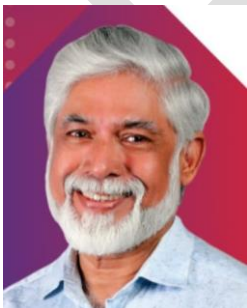
.....I completed a course in palliative care, but I was still hungry for more knowledge about Palliative Medicine and hence decided to join the Global Fellowship at Pallium India. I was elated when I was selected for the Global Fellowship course which started in 2022.....

.....A few had even commented that they started enjoying it so much that they wanted whole set of modules to be made available to us with no time limit

.....But what I enjoyed most was the homecare visits to different parts of the city and the surrounding rural areas where we visited the patients in their home setting getting to know first-hand not only about their physical ailments but also their psychosocial surroundings and the real plight and problems they face in their daily life adding the burden of suffering on top of their physical ailments.

.....If you are a doctor passionate about pursuing palliative care as a stand-alone specialty or even as a part of your chosen specialty, then the Global Fellowship would be of immense value in knowing about this subject which even after so much of development, is still at its nascent stage and there is a lot to be learned in this field of medicine.

Dr Biju Gopi, Consultant Palliative Physician, Medical Trust Hospital, Ernakulam, Kerala
Fellow, Global Fellowship Program in Palliative Medicine





Trivandrum Institute of Palliative Sciences

Pallium India

presents

Global Fellowship in Palliative Medicine

(Curriculum for GFPM is developed in collaboration with Faculty from the Queen's University Global Oncology Program from Queens University in Kingston, Ontario, Canada, but this course is not an accredited Queen's University Fellowship Program)

Dates to remember:

Application release	16 August 2023
Deadline for Application	10 October 2023
Selection list publication	30 November 2023
Course start date	01 January 2024

Global Fellowship in Palliative Medicine

Why a global fellowship?

The Global Fellowship in Palliative Medicine organized by Pallium India, Trivandrum Institute of Palliative Sciences (TIPS), is aimed at creating a pool of physicians who can provide advanced palliative care to people with serious health-related suffering and to their families. WHO, 2020 in its fact sheet tells that the training for healthcare professionals in palliative care is often limited or non-existent. The situation in LMICs is often worse. The short courses available in palliative care may not equip them to deal with complex needs of the patients and families. Many of the physicians who want to do a long term course in Palliative care is unable to do so mainly because of unavailability of such courses. Even if courses are being made available, taking absence from the present work would affect them in many ways. But they would be able to do online course. One of the shortcomings of such online courses is lack of clinical attachment where the theory is put into practice. We have designed this course in a hybrid mode with most of the theory delivered online with one month hands-on training at an affordable cost.

It is now globally accepted that palliative care is mitigation of serious health related suffering. Universal Health Coverage (UHC) demands, in addition to preventive, promotive, curative and rehabilitative measures, also palliative care. The World Health Assembly resolution 67 of 2014 has asked for integration of palliative care into all healthcare at all levels (primary, secondary, and tertiary) across the continuum of care (from the beginning of the suffering to the end).

All the guidelines and declarations in effect, seem to be mostly confined to high income countries. Low and middle income countries (LMICs) which house 84% global population have negligible access to palliative care. The elements of suffering in LMICs would be significantly different from those in higher income countries. The offered solutions also have to take into consideration the cultural and economic realities of the LMICs.

How can we change this dismal scenario?

As recommended by the World Health Organisation, this demands concurrent action on 3 measures:

1. Policy and implementation
2. Access to essential medicines, (particularly opioids) and
3. Education.

Without professional education any policy or legislative change will be of no consequence. This is the background in which we are initiating global fellowship in palliative medicine - to build a body of empowered professionals who can view the problems and solutions with a LMIC lens.

We hope to achieve the following objectives:

1. To provide an overview of the practice of palliative care globally with special focus on LMICs.
2. To facilitate research and quality improvement programs in palliative care
3. To impart attitude, knowledge and skills for practicing palliative care in cancer and non-cancer illness.
4. To ensure understanding of the ground realities of elements of suffering of people with serious health-related suffering and possible solutions with community participation.

WHO CAN APPLY?

Any doctor with MBBS or BDS with corresponding medical/ dental council registration can apply for this course. Doctors with disabilities are encouraged to apply. We reserve one seat and will provide reasonable accommodations to participate meaningfully in the program.

(In accordance with the rules of the Dental Council of India (DCI), the holder of a BDS degree will be eligible to practise palliative care in conditions associated with the oral and maxillofacial area. Under the NDPS rules of 2015, BDS with training in pain management is adequate qualification to be in-charge of a Recognised Medical Institution (RMI) to stock and dispense Essential Narcotic Drugs (END) including morphine, methadone and fentanyl).

COURSE FEES:

The course fee is **INR.40,000/-**. The fee is to be paid in full on intimation of acceptance for fellowship. Admission to the course is guaranteed only on payment of the fee.

Payment Link: <https://palliumindia.mojo.page/gfpm>

HOW TO APPLY:

The application link will be available on Pallium India's website (<http://palliumindia.org/>).

You can also apply by clicking the link: <https://forms.gle/2ztNp5WyNikqptkp8>

The last date to apply for the course is **10th October, 2023**. Completed application forms must be submitted at the end, and a screenshot kept for future reference. Applications received after 5 PM IST on 10th October 2023 will not be considered.

Seats are limited.

SELECTION PROCESS:

Applications will be reviewed by the training department and eligible candidates will be informed through email on or before **30th November 2023**. Upon receiving this email, the candidate will pay the fee to secure a seat for the Fellowship program. If the fee is not paid within a week, it will be assumed that the candidate is not interested and the seat will be allotted to the next eligible candidate.

DETAILS OF FELLOWSHIP COURSE:

The Global Fellowship in Palliative Medicine is a one-year hybrid course which will be conducted mostly through an online program. There will be 30 days of hands-on training, of which 21 days should be completed in Trivandrum Institute of Palliative Sciences and 9 days at another centre approved by Pallium India. It is acceptable to complete all 30 days at the Trivandrum Institute of Palliative Sciences.

At the successful completion of the Fellowship program, each candidate will receive 3 certificates:

- 1) Integrated course in Palliative Medicine (ICPM)
- 2) Master class in Palliative Medicine (MCPM)
- 3) Global Fellowship in Palliative Medicine (GFPM)

Name of the course	Start Day	End Day	Topics covered*	Delivery	Comments	Attendance	Pass score
Integrated Basic and Advanced course in Palliative Medicine (ICPM)	01st Day 01/01/2024	120th Day 30/04/2024	33 modules in LMS + self-learning videos+ + 09 live sessions	Online	33 modules within stipulated time period, and 09 live sessions	80% of the live sessions	40 assignments- MCQs- 80% each
Masterclass in Palliative Medicine (MCPM)	76th Day 18/03/2024	211th Day 31/07/2024	Specialized topics	Online	7.00 PM to 8.30 PM IST (Timings and duration might change)	100 %	10 Assignments (MCQs) – 80% each
30 days of Hands-on training (HoT) ➤ 21 days at TIPS ➤ 09 days at other institution	90th Day 01/04/2024	272th Day 30/09/2024	Hands on Training	Onsite	Postings in OP/IP/Home care and other support services	100%	
Global Fellowship in Palliative Medicine (GFPM)	1 st Day 01/01/2024	360 th day 27/12/2024	ICPM+MCPM+ HoT	Hybrid	One year		See evaluation below

Global Fellowship in Palliative Medicine - Evaluation

SL No	Topics	Numbers	Marks	Methods	Attendance	Pass Score
1	Case presentation	01 (online)	50	Online	100%	60%
2	Research topic presentation	01	50	Online	100%	50%
3	Written Examination	02(01 cancer + 01 non-cancer)	200	Onsite	100%	60%
4	OSCE	01	50	Onsite	100%	60%
5	Viva	01	50	Onsite	100%	60%
6	Marks obtained in Assignments	01	100	Onsite	100%	80%
	Total Marks		500			

ASSESSMENT METHOD

- In each of the above items, the candidate should score minimum marks to secure a pass. It is permissible to attempt the MCQ's multiple times. If a candidate is unable to clear the items 2,3,4 & 5 mentioned under global fellowship evaluation, they will be given another opportunity with the next batch. Maximum of 03 attempts will be allowed.
- All the assignments need to be finished on or before the deadline. Anyone who is unable to meet the deadline should inform the co-ordinator with a reasonable justification for absence, in a specified format available with the co-ordinator. The co-ordinator will take necessary steps and will inform the candidate as to what should be done in such circumstances.

***The institution reserves the right to change the method of delivery of the courses, method and number of evaluation as well as the starting and ending dates of each course. This will be informed to the candidates.**

ABOUT THE INSTITUTION

Trivandrum Institute of Palliative Sciences (TIPS) is a World Health Organization Collaborating Centre (WHOCC) for Training and Policy on Access to Pain Relief.

TIPS has been training health care professionals, volunteers and beneficiaries in palliative care since 2007. We provide both onsite and online training programs.

The following are the available courses as on date:

Online Courses	Onsite Courses
<ul style="list-style-type: none">● Faculty Development Program● Integrated Basic and Advanced Course in Palliative Medicine● Web-based Pain Management Education Program for Oncologists● Refresher Course in Palliative Medicine● Essentials of Palliative Medicine for Pulmonologists● Foundation Course in Palliative Nursing● Essentials of Palliative Care for Physiotherapists● Foundation Course in Palliative Care● Volunteer Training Program● <i>Aarohan</i>: Giving voice to lived experiences	<ul style="list-style-type: none">● Six Weeks Certificate Course in Pain & Palliative Medicine (CCPPM)● Six weeks certificate Course in Palliative Nursing (CCPN)● Ten Days Foundation Course in Pain & Palliative Medicine (FCPPM)● Ten Days Foundation Course in Palliative Nursing (FCPN)● Volunteers Training Program (VTP)● Training the Trainer programs

Information about these courses can be found here: <https://palliumindia.org/training>

Centres for 10 days Clinical Posting

S.No.	Name of the Institute	Region	City/District	State
1.	Sangwari	Central	Ambikapur	Chhattisgarh
2.	Gujrat Cancer Research Institute	Central	Ahmedabad	Gujarat
3.	Community Oncology Center, Gujarat Cancer Society	Central	Ahmedabad	Gujarat
4.	Snehanchal	Central	Nagpur	Maharashtra
5.	CIPLA Foundation, Pune	Central	Pune	Maharashtra
6.	Bagchi-Karunashraya	Central	Bhubaneshwar	Odisha
7.	Sri Aurobindo Institute of Medical Sciences	Central	Indore	Madhya Pradesh
8.	Dilasa	Central	Ponda	Goa
9.	Tomo Riba Institute Of Health And Medical Sciences(TRIHMS)	East	Naharlagun	Arunachal Pradesh
10.	Eden Medical Center	East	Dimapur	Nagaland
11.	Namchi District Hospital	East	Namchi	Sikkim
12.	Synod Hospital	East	Aizawl	Mizoram
13.	Cachar Cancer Institute	East	Silchar	Assam
14.	Ruma Abedona Hospice	East	Hooghly	West Bengal
15.	Shija Academy of Health Sciences	East	Imphal	Manipur
16.	Dr.B.Borooh Cancer Institute	East	Guwahati	Assam
17.	Ganga Prem Hospice	North	Dehradun	Uttarakhand
18.	CRI-SRHU	North	Dehradun	Uttarakhand
19.	Chandigarh Palliative Care Service Chandigarh Hospice,	North	Chandigarh	Chandigarh
20.	BMCRC & Hospital	North	Jaipur	Rajasthan
21.	AIIMS Patna	North	Patna	Bihar
22.	Mahavir Cancer Sanshthan	North	Patna	Bihar
23.	CanSupport	North	New Delhi	New Delhi
24.	Indira Gandhi Medical College	North	Shimla	Himachal Pradesh
25.	Sher-i-Kashmir Institute of Medical Sciences(SKIMS)	North	Srinagar	Jammu & Kashmir
26.	CMC Ludhiana	North	Ludhiana	Punjab
27.	Sanjay Gandhi Postgraduate Institute of Medical Sciences	North	Lucknow	Uttar Pradesh
28.	Sneha Sandhya Age Care Foundation	South	Visakhapatnam	Andhra Pradesh
29.	Karunashraya	South	Bangalore	Karnataka
30.	Institute of Palliative Care	South	Thrissur	Kerala
31.	Lakshmi Pain & palliative care centre	South	Chennai	Tamil Nadu
32.	Bangalore Baptist Hospital	South	Bangalore	Karnataka
33.	Pain Relief & palliative care Society	South	Hyderabad	Telangana
34.	Sparsh Hospice	South	Hyderabad	Telangana
35.	CMC Vellore	South	Vellore	Tamil Nadu
36.	Sri Manakula Vinayagar Medical College	South	Madagadipet	Puducherry

For more details, please contact:

Ms Sree Priya S - 9072620041

email: globalfellowship@palliumindia.org