

IAPC Online Palliative Care Training Program - 2020
Every Monday 0630 – 0730 AM

SERIES - 1

Date	Topic	Speaker
29/06/2020	Approach to an adult patient with intractable cancer pain <ul style="list-style-type: none"> • Difficult to control cancer pain • Physiological approach for pain assessment • Approach to management of mixed pain types in cancer 	Dr. M R Rajagopal
06/07/2020	Approach to prescribing strong opioids for pain management <ul style="list-style-type: none"> • Opioids pharmacotherapy • Initiating strong opioids • Titrating opioid dose and opioid rotation 	Dr. Nandini Vallath
13/07/2020	Approach to an adult patient presenting with opioid toxicities <ul style="list-style-type: none"> • Opioid induced vomiting and constipation • Opioid induced neurotoxicity • Life threatening opioid toxicities and reversal 	Dr. Seema Mishra
20/07/2020	Approach to a patient with cancer pain needing interventions <ul style="list-style-type: none"> • Indications for interventional pain management • Common interventional procedures and outcomes • When not to consider a patient for interventions 	Dr. Sushma Bhatnagar
27/07/2020	Approach to a cancer patient with substance abuse disorder <ul style="list-style-type: none"> • Prescribing opioids with a history of substance abuse • Concurrent management of substance abuse and pain • Preventing opioid abuse and diversion 	Dr. Jayita Deodhar
03/08/2020	Approach to a patient presenting with neurological weakness in a palliative care setting <ul style="list-style-type: none"> • Clinical approach to neurological level localisation • Assessment and management of neurological weakness in malignant spinal cord compression • Assessment and management of neurological weakness in motor neuron disease 	Dr. Roop Gursahani
10/08/2020	Approach to neurological conditions needing palliative care <ul style="list-style-type: none"> • Neurological conditions needing palliative care • Palliative care in a patient with cerebrovascular accident • Disorders of consciousness and palliative care 	Dr. Roop Gursahani
17/08/2020	Approach to a patient with abdominal pain and distension <ul style="list-style-type: none"> • Pain abdomen and distension in a palliative care setting • Managing malignant ascites in a palliative care setting • Managing malignant bowel obstruction in palliative care 	Dr. Anjum Joad Khan
24/08/2020	Approach to an adult patient with breathlessness <ul style="list-style-type: none"> • Chronic breathlessness syndrome and its causes • Assessment of breathlessness in a palliative care setting • Management of breathlessness in palliative care 	Dr. Nishkarsh Gupta
31/08/2020	Approach to an angry/patient family in a palliative care setting <ul style="list-style-type: none"> • Exploring source of anger • Stepwise approach for mitigation • Protecting the health care provider in anger situation 	Dr. Santosh Chaturvedi

07/09/2020	<p>Approach to difficult communication in palliative care – 1</p> <ul style="list-style-type: none"> • Conflict as a communication conundrum • Managing patient-family conflict & conflicts within family • Conflict between providers and patient/family conflict • Resolving team conflicts 	Dr. Chitra V
14/09/2020	<p>Approach to difficult communication in palliative care – 2</p> <ul style="list-style-type: none"> • Collusion as a communication conundrum • Managing patient-family collusion • Communication strategies to resolve collusion 	Dr. Nagesh Simha
21/09/2020	<p>Approach to difficult communication in palliative care – 3</p> <ul style="list-style-type: none"> • Denial as a communication conundrum • Approaching denial among patients and families • Communication strategies to resolve collusion 	Dr. Seema Rao
28/09/2020	<p>Approach to a patient with end-stage heart failure</p> <ul style="list-style-type: none"> • Assessing palliative care needs in end-stage CHF • Symptom management in end-stage CHF • Limiting cardiac interventions & PC in cardiac transplant 	Dr. Shobha Nair
05/10/2020	<p>Approach to a patient with end-stage CKD</p> <ul style="list-style-type: none"> • Assessing palliative care needs in CKD5/CKD5D • Symptom management in CKD5/CKD5D • Limiting renal interventions & PC in dialysis/transplant 	Dr. Pankaj Singhai
12/10/2020	<p>Approach to a patient with end-stage COPD</p> <ul style="list-style-type: none"> • Assessing palliative care needs in COPD • Symptom management in advanced COPD • Limiting ICU interventions & Palliative Oxygen Therapy 	Dr. Anuja Damani
19/10/2020	<p>Approach to a patient with end-stage Chronic Liver Disease</p> <ul style="list-style-type: none"> • Assessing palliative care needs in CLD • Symptom management in advanced CLD • Managing hepatic encephalopathy and GI bleed 	Dr. Arunanghsu Ghoshal
26/10/2020	<p>Approach to a patient with dyselectrolytemias in Palliative Care 1</p> <ul style="list-style-type: none"> • Hyponatremia and Hypernatremia • Hypokalaemia and Hyperkalaemia 	Dr. Krithika Shinde
02/11/2020	<p>Approach to a patient with dyselectrolytemias in Palliative Care 2</p> <ul style="list-style-type: none"> • Hypocalcaemia and Hypercalcemia • Hypomagnesemia • Hyperphosphatemia 	Dr. Raghavendra Ramanjulu
09/11/2020	<p>Approach to managing pain in a child in a palliative care setting</p> <ul style="list-style-type: none"> • Assessing pain in children • Analgesic prescription in paediatric population • Non-pharmacological approaches for managing pain 	Dr. Gayatri Palat
16/11/2020	<p>Approach to managing non-pain symptoms in a child</p> <ul style="list-style-type: none"> • Assessment and management of breathlessness • Assessment and management of nausea and vomiting • Assessment and management of constipation 	Dr. Lulu Mathews
23/11/2020	<p>Approach towards providing end of life care for children</p> <ul style="list-style-type: none"> • Recognising end of life care needs in children • End of Life Care symptom management in children • Supporting parents and family caregivers 	Dr. Mary Ann Muckaden

30/11/2020	<p>Approach to an adult patient with Nausea and Vomiting</p> <ul style="list-style-type: none"> • Receptor based approach for NV assessment • Pharmacological management and rationale for choice of drugs 	Dr. Rakesh Garg
07/12/2020	<p>Approach to an adult patient with Constipation</p> <ul style="list-style-type: none"> • Causes of constipation in a palliative care setting • Pharmacological and non-pharmacological management • Opioid induced constipation 	Dr. Vinod Kumar
14/12/2020	<p>Approach to an adult patient with Anorexia and Fatigue</p> <ul style="list-style-type: none"> • Mechanisms of Anorexia-Cachexia and Fatigue • Assessment of Anorexia-Cachexia and Fatigue • Management of Anorexia-Cachexia and Fatigue 	Dr. Sachidananda Jee Bharathi
21/12/2020	<p>Approach to an adult patient with Delirium</p> <ul style="list-style-type: none"> • Recognising/Assessing Delirium • Prevention and non-pharmacological strategies • Pharmacological management of Delirium 	Dr. Naveen Salins
28/12/2020	<p>Approach to a dying adult patient needing end of life care</p> <ul style="list-style-type: none"> • Recognising last hours of living • Assessment of end of life care needs • Managing end of life symptoms and anticipatory prescribing 	Dr. Rajashree Suresh